



CATARACT & LASER EYE SURGEONS

Post-Operative Instructions

1. Wash Hands before using drops and shake all bottles vigorously prior to use, **waiting 5-10 minutes in between drops.**
2. When you return home from surgery follow the schedule below until bedtime. **YOU DO NOT NEED TO USE THESE DROPS THROUGH THE NIGHT! ONLY USE UNTIL BEDTIME.**
 - **Ofloxacin** one drop every two hours
 - **Durezol** one drop 3 times per day
 - **Nevanac** one drop 3 times per day

THE FOLLOWING DAY THE SCHEDULE CHANGES AS FOLLOWS:



Ofloxacin 4 times per day for 2 weeks



Durezol will continue
3 times per day for 2 weeks
2 times per day for 2 weeks
1 time per day for 2 weeks



Nevanac will continue
3 times per day for 2 weeks
2 times per day for 2 weeks
1 time per day for 2 weeks

3. Moderate discomfort is normal, use Tylenol or Ibuprofen if needed. If pain persists, especially if it gets worse, call the office immediately. If you have glaucoma please **CONTINUE** your drops.
4. Sleep on your back or on your side (opposite the operated eye) for the first night. Tape the shield over the operated eye when going to bed for one week.
5. You may resume normal activity during the first week, do not do anything overly exertive. You may take a bath or shower if soapy water is kept away from your eyes.
6. You may wear sunglasses outdoors if you are light sensitive.
7. A certain number of black spots floating in front of the eye are normal. Report any dramatic increase in the number of floaters or if flashes of light are noticed.
8. Blurred vision is normal after surgery. It will start to clear as the eye heals. **IF YOU CHOSE THE CRYSTALENS AVOID ALL NEAR ACTIVITIES UNTIL DR. SAYEGH INSTRUCTS OTHERWISE.**
9. If you notice progressive loss of vision (not just fluctuating vision which is normal) call the office.

Bring all of your eye drops to each office visit after the surgery

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www.Your2020Eyes.com