



CATARACT & LASER
EYE SURGEONS

LASER VISION CORRECTION INFORMATION SHEET
Post-Operative Instructions

Congratulations, you have now completed your LASER vision correction treatment. Please be sure to follow the instructions below so that you may have the best chance at proper healing and a good result.

You should keep the drops going, as noted below, depending on if you had LASIK or PRK. For either procedure, be sure to sleep in your goggles or eye shield for one full week. Wear your dark glasses whenever you are out in daylight or if sensitive indoors for the first week with LASIK and for at least 6 weeks with PRK. Also, place the drops gently in each eye and gently relax them closed for one minute; then wait at least 5 minutes before instilling another drop. Avoid rubbing your eyes or excessive blinking. If you have any questions about sudden changes or problems, call the office right away. Be sure to avoid strenuous physical activity greater than walking and NO underwater activity or contact sports for at least 30 days.

For LASIK, use Ofloxacin and Prednisolone Acetate 1% each four times per day for one week—Breakfast, lunch, supper, and bedtime is the best way to remember. Shake drops prior to use and wait 5 minutes in between eye drops. Also, use chilled preservative free tears as frequently as you like, but not within 30 minutes of the other drops. You will continue the artificial tears for several weeks.

For PRK, use Ofloxacin and Prednisolone Acetate 1% each four times per day—breakfast, lunch, supper, and bedtime are the best way to remember. Shake drops prior to use and wait 5 minutes in between eye drops. Use the pain pills as prescribed and chilled preservative free artificial tears every half hour while awake, but not within 10 minutes of the other drops. If pain is not controlled with the pills and artificial tears, you may use Ketorolac drops up to three times per day for the first two days. Use sparingly, Ketorolac used aggressively can slow down healing. You will taper the drops slowly after the first week and further instructions will be given. If your contacts come out prior to then, call the office immediately.

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